

**Ardal Weinidogaeth Leol
Local Ministry Area
The United Benefice of
Bro Lliedi**



**Worship for those who cannot
attend services**

This little booklet has been compiled by the Ministry Team in the Bro Lliedi Local Ministry Area to allow all those who are currently prevented from attending church to worship in their own homes.

It contains a short service with suggested bible passages that has been adapted from the 2009 Daily Prayer (as published and authorised by the Church in Wales). Also included are a few suitable prayers and a form of reflection that may prove useful and inspiring.

Please feel free to contact any member of the ministry team for support or advice at this time.

Further prayers and readings can be found on the Church in Wales Website.

<https://www.churchinwales.org.uk/en/publications/word-lord/>

AN ORDER FOR PRAYER DURING THE DAY

The Introduction

O God, make speed to save us.
O Lord, make haste to help us.

Glory to the Father, and to the Son,
and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever. Amen.

Bless the Lord, O my soul,
and all that is within me bless his holy name.

One of the following may be used.

- 1 I bind unto myself today
The strong name of the Trinity,
By invocation of the same,
The Three in One and One in Three.
Of whom all nature hath creation;
Eternal Father, Spirit, Word:
Praise to the Lord of my salvation,
Salvation is of Christ the Lord.
- 2 Christ be with me, Christ within me,
Christ behind me, Christ before me,
Christ beside me, Christ to win me,
Christ to comfort and restore me.
Christ beneath me, Christ above me,
Christ in quiet, Christ in danger,
Christ in hearts of all that love me,
Christ in mouth of friend and stranger.
- 3 Take my life, and let it be
Consecrated, Lord, to thee;
Take my moments and my days,

Let them flow in ceaseless praise.
Take my love; my Lord, I pour,

At thy feet its treasure-store;
Take myself, and I will be
Ever, only, all for thee.

Praise to the Father,
Praise to the Son,
Praise to the Spirit,
The Three in One.

4 What shall I give you, Lord, in return for all your kindness?

Glory to you for your love.
Glory to you for your patience.
Glory to you for forgiving us all our sins.
Glory to you for coming to save our souls.
Glory to you for your incarnation in the Virgin's womb.
Glory to you for your bonds.
Glory to you for receiving the cut of the lash.
Glory to you for accepting mockery.
Glory to you for your crucifixion.
Glory to you for your burial.
Glory to you for your resurrection.
Glory to you that you were preached to all.
Glory to you in whom they believed.

5 My soul, there is a country
Far beyond the stars,
Where stands a winged sentry
All skilful in the wars.

There above noise and danger
Sweet Peace sits crowned with smiles,
And one born in a manger
Commands the beauteous files.

He is thy gracious friend
And – O my soul awake! –
Did in pure love descend
To die here for thy sake.

If thou canst get but thither,
There grows the flower of Peace,
The Rose that cannot wither,
Thy fortress and thy ease.
Leave then thy foolish ranges,

For none can thee secure,
But one who never changes,
Thy God, thy life, thy cure.

- 6 Come, my Way, my Truth, my Life:
Such a Way, as gives us breath:
Such a Truth, as ends all strife:
Such a Life, as killeth death.

Come, my Light, my Feast, my Strength:
Such a Light, as shows a Feast:
Such a Feast as mends in length:
Such a Strength as makes his guest.

Come, my Joy, my Love, my Heart:
Such a Joy as none can move:
Such a Love as none can part:
Such a Heart as joys in Love.

- 7 Christ Jesus was revealed in the flesh
and vindicated in the Spirit.
He was seen by angels
and proclaimed among the nations.
Believed in throughout the world,
he was taken up in glory.
This will be made manifest at the proper time
by the blessed and only Sovereign,
who alone has immortality,
and dwells in unapproachable light.
To the King of kings and Lord of lords
be honour and eternal dominion. Amen.

The Ministry of the Word

One of the following short readings, is read.

Sunday Genesis 1:1–5
 2 Corinthians 5:17–19a
 John 5:15–18
 Revelation 21:1–4

Monday Isaiah 49:1b–4
 Proverbs 3:7–12
 Mark 4:26–29
 Matthew 25:19–21

Tuesday Deuteronomy 28:1–4
 Isaiah 35:3–6
 John 9:1–5
 Revelation 22:1–2

Wednesday Isaiah 61:1–3a
 Micah 4:1–4a
 Matthew 9:35–end
 John 18:33,36–38

Thursday Deuteronomy 15:7–11
 Isaiah 43:5–7
 1 Peter 2:9–10
 John 17:18–23

Friday 2 Chronicles 7:13–14
 Isaiah 57:15–19
 Ephesians 2:13–18
 Luke 9:22–25

Saturday Isaiah 11:6–9
 Ephesians 3:14–19
 John 11:17–26a
 Revelation 5:8–10

One of the following may be said after the reading.

Let the word of Christ dwell with you in all its richness.
Teach and instruct each other in all wisdom.

Lead me in the way of your truth and teach me, O Lord.
You are the God who saves me.

My soul trusts in the word of the Lord.
My soul is longing for him.

This is my comfort in my trouble.
Your promise gives me life.

The Prayers

The Lord's Prayer is said then any of the following.

God of power and love,
look kindly on the tasks we have begun,
and renew your grace within us;
make good our defects
and bring our work to that fulfilment
which is in accordance with your will,
through Jesus Christ our Lord. **Amen.**

Lord and master of the vineyard,
you allot us our tasks
and determine the just rewards of our labours.
Help us to bear the burden of the day
and accept your will in all things without complaint,
through Jesus Christ our Lord. **Amen.**

Eternal light, shine into our hearts,
eternal goodness, deliver us from evil,
eternal power, be our support,
eternal wisdom, scatter the darkness of our ignorance,
eternal pity, have mercy upon us;
that with all our heart and mind and soul and strength
we may seek your face

and be brought by your infinite mercy to your holy presence; through Jesus Christ our Lord. **Amen.**

Eternal God,
the light of the minds that know you,
the joy of the hearts that love you,
and the strength of the wills that serve you;
make us so to know you
that we may truly love you,
so to love you that we may truly serve you,
whose service is perfect freedom,
through Jesus Christ our Lord. **Amen.**

O Lord our God,
give us grace to desire you with our whole heart;
that so desiring, we may seek and find you;
and so finding, may love you;
and so loving, may hate those sins
from which you have delivered us;
through Jesus Christ our Lord. **Amen.**

O gracious and holy Father,
give us wisdom to perceive you,
diligence to seek you,
patience to wait for you,
eyes to behold you,
a heart to meditate upon you,
and a life to proclaim you,
through the power of the Spirit
of Jesus Christ our Lord. **Amen.**

Lord Jesus Christ, we thank you
for all the benefits that you have won for us,
for all the pains and insults that you have borne for us.
Most merciful Redeemer,
friend and brother,
may we know you more clearly,
love you more dearly,
and follow you more nearly,
day by day. **Amen.**

The Conclusion

One of the following is said.

Let us bless the Lord.
Thanks be to God.

May the gracious favour of the Lord be upon us.
Prosper our handiwork;
O prosper the work of our hands.

The love of Christ works in us.
May he guide us and guard us today and always.

May the light of Christ shine in our hearts.
Amen.

If we live by the Spirit,
let us also walk by the Spirit.

A Prayer for our current situation

Heavenly Father, at a time of uncertainty in our world. Bring comfort to those who suffer. Bring peace to those that worry and strength to those who are heavy laden.

May we as a nation accept with calmness our responsibilities for the health and needs of those around us, especially those who are weaker and less fortunate than ourselves.

Be with all who are tasked with looking after the sick, our hospital and medical staff.

May your light be seen to shine in all who help others and protect us in the weeks ahead. **Amen.**

For dealing with a difficulty or illness

Sovereign God, the defence of those who trust in you
and the strength of those who suffer:
look with mercy on our affliction
and deliver us through our mighty Saviour Jesus Christ.
Amen.

Heavenly Father, We ask you to lift all those who suffer out of
their pain and distress, bring calm where there is fear, joy
where there are tears and wholeness and relief where there is
pain. May all those who are in need, feel the comfort of your
touch and love.
Amen.

For those in pain

Lord God, whose Son, Jesus Christ,
understood people's fear and pain
before they spoke of them,
we pray for those in hospital;
surround the frightened with your tenderness;
give strength to those in pain;
hold the weak in your arms of love,
and give hope and patience
to those who are recovering;
we ask this through the same Jesus Christ, our Lord.
Amen.

A prayer for strength

God of compassion,
whose Son Jesus Christ, the child of Mary,
shared the life of a home in Nazareth,
and on the cross drew the whole human family to himself:
strengthen us in our daily living
that in joy and in sorrow
we may know the power of your presence
to bind together and to heal;
through Jesus Christ our Lord.
Amen.

For the healing of memory

Loving God, you are merciful and forgiving.
Grant that those who are suffering the hurts of the past
may experience your generous love.
Heal their memories, comfort them,
and send them all from here
renewed and hopeful;
in Jesus Christ our Lord.
Amen.

A prayer for God's guidance

Almighty Lord and everlasting God,
we ask you to direct, sanctify and govern both our hearts and
bodies
in the ways of your laws and the works of your command-
ments;
that through your most mighty protection, both here and ever,
we may be preserved in body and soul;
through our Lord and Saviour Jesus Christ.
Amen.

For those who are lonely

O God, our sovereign and our shepherd,
who brought again your Son Jesus Christ from the valley of
death,
comfort us with your protecting presence
and your angels of goodness and love,
that we also may come home
and dwell with him in your house for ever.
Amen.

Lectio Divina (Sacred Reading)

Lectio Divina is an ancient method of meditating on Scripture. It was first introduced by St. Gregory of Nyssa (c 330- 395), and also encouraged by St. Benedict of Nursia (c 480-547), the founder of the Benedictine order. In Lectio Divina, the chosen passage is read prayerfully several times. This gives an opportunity to think deeply about it and respond thoughtfully. You may even find yourself imagining that you are part of the scene – it can give a new way of understanding familiar passages.

The 4 'R's of Lectio Divina:

LECTIO (READ) Take your time to read the passage. Get a sense of what it is saying. Read the passage for a second time. Listen for any words or phrases that strike you, and listen with your heart.

MEDITATIO (REFLECT) Read the passage again, slowly. As you pause on the words or phrases that strike you, take time to consider what that word, phrase or passage means, particularly in your life.

ORATIO (RESPOND) Read the passage again, slowly. Consider now how God has spoken to you in this passage and respond back to him. If you are upset or angry, say so! It is OK to ask questions! You may want to consider how this passage is asking you to act differently.

CONTEMPLATIO (REMAIN) Now take some time simply to rest and remain in the presence of God. You may want to record some of your thoughts or prayers in a journal so you can come back to them later.

Some suggested scripture passages to pray with: Mt 9:9-13 Mt 11:25-30 Mk 4:35-41 Lk 8:4-8 Lk 15:1-7 Lk 18:35-43 Lk 23:39-43 Jn 15:1-11 Jn 21:15-1